# **Wednesday Night Meals:**

**October 1st**

* Ham (GF)
* Corn Dogs option for the kiddos (or uncrustable)
* Cinnamon Apples (GF)
* White Beans (GF)
* Harvest Blend Roasted Veggies (GF)
* Vegetable Beef Soup
* Full Salad Bar

Desserts

* Cobbler
* Cookies & Ice Cream Cups
* Gluten Free Option Available Cookie

**October 15th**

* Breakfast for dinner
* Sausage with Pancake on a stick option for the kiddos (or uncrustable)
* Bacon & Sausage (GF)
* Egg Casseroles (Gluten Free option available)
* Hashbrown Casserole (Gluten Free option available)
* Gravy
* Swedish Blueberry Soup (GF)
* Full Salad Bar

Desserts

* Coffee Cake & Cinnamon Rolls
* Blueberry Muffins (GF)
* Cookies & Ice Cream Cups

**October 22nd**

* Lasagna (Gluten Free option available)
* Pasta with Alfredo
* Pizza Sticks option for the kiddos (or uncrustable)
* Grilled Veggies (GF)
* Succotash (GF)
* Vegetable Tortellini Soup

Desserts

* Tiramisu
* Cookies & Ice Cream Cups

**October 29th**

* Hibachi Beef and Chicken (GF)
* Hot Dog option for the kiddos (or uncrustable)
* Fried Rice (GF)
* Spring Rolls (GF)
* Egg Drop Soup (GF)

Desserts

* Cheesecakes
* Cookies & Ice Cream Cups